VISIONARY EMS LEADERSHIP

PRE-CONFERENCE: JUNE 3 – 4
CONFERENCE: JUNE 5 – 7
M RESORT | HENDERSON, NV

Register at IAFC.org/FRM
#FRM2019
THE CONFERENCE BUILT FOR EMS LEADERS!

Fire-Rescue Med is back and the only fire-based EMS conference addressing top issues, trends and education impacting emergency medicine today.

The Commission on Professional Credentialing (CPC) at the Center for Public Safety Excellence (CPSE) has three professional designations, Chief Fire Officer (CFO), Chief EMS Officer (CEMSO) and Fire Officer (FO), that require initial and continuing education. Each designation has several technical competencies, like Job Performance Requirements (JPRs) that one must demonstrate education and experience in each competency.

Classes offered at FRM can be used to fulfill the educational component of one or more of the technical competencies in each designation. Attendees not only get unmatched education, they can attend these classes to help obtain a professional credential through the CPC. Nowhere else will you find experienced veterans and rising stars working together on concepts that impact the future emergency medicine.

Bring the whole crew and join us at FRM!

WHAT EMS LEADERS ARE SAYING ABOUT FRM...

“While attending Fire-Rescue Med, I discovered an alternate source of vaccines for our personnel that will save us money!”

Kathryn Stocks,
Health Programs Administrator,
Los Angeles County Fire Department

“The Fire-Rescue Med conference is one of those valuable opportunities to engage in learning, networking, and meeting people from all disciplines that have a passion for excellence in emergency medicine.”

Bill Kinsley,
Division Chief, Bullhead City (Arizona) Fire Department

WHAT TO EXPECT:

NEW ROUNDTABLE BREAKOUT SESSIONS
Experience a brand new education layout highlighting topics on regulation & finance, health & safety, leadership & research. Come network and share ideas at open dialogue roundtables on solutions for the latest industry issues.

CONTINUING EDUCATION COURSES
Discover unmatched education sessions for fire and EMS to assist in obtaining a professional credential through the CPC.

THE LATEST EMS RESEARCH
Explore current EMS Research addressing issues and challenges faced by EMS teams in the field today during the Research Poster Presentations and roundtable breakout sessions.

NETWORKING OPPORTUNITIES
Hear the latest from Federal and NGO Partners at the EMS Section Meeting and network with the best in EMS at the exhibit hall’s new EMS Partners Corner.

About the IAFC

For over 140 years, the IAFC has been providing leadership to career and volunteer chiefs, chief officers and managers of emergency services. The IAFC represents the leadership of more than 1.2 million firefighters, and our members are the world’s leading experts in firefighting, emergency medical service, terrorism response, hazardous materials, natural disasters, search and rescue, and public safety legislation.

About the EMS Section

The EMS section of the IAFC addresses fire-based EMS issues, provides guidance and direction to the IAFC board, and represents the fire-based EMS community to the federal government and other interest groups. With nearly 2,000 members, the EMS section is one of the IAFC’s largest sections and offers a wealth of resources to members and the EMS community.
## PRE-CONFERENCES SESSIONS

### MONDAY, JUNE 3

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 AM – 5 PM</td>
<td>ICS 300: Intermediate ICS for Expanding Incidents (Day 1 of 2)</td>
</tr>
<tr>
<td>8 AM – 4:30 PM</td>
<td>EMS Leadership Academy</td>
</tr>
</tbody>
</table>

### TUESDAY, JUNE 4

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 AM – 5 PM</td>
<td>ICS 300: Intermediate ICS for Expanding Incidents (Day 2 of 2)</td>
</tr>
<tr>
<td>8 AM – 4:30 PM</td>
<td>Advanced Designated Officer Training</td>
</tr>
<tr>
<td>8 AM – Noon</td>
<td>Patient Care Documentation - &quot;Documenting the Right Thing, Right!&quot;</td>
</tr>
<tr>
<td>1 – 3:30 PM</td>
<td>Route 91</td>
</tr>
<tr>
<td>4:30 – 6:30 PM</td>
<td>EMS SECTION MEETING &amp; EMS PARTNER UPDATES (All are Welcome)</td>
</tr>
</tbody>
</table>

## CONFERENCE SESSIONS

### WEDNESDAY, JUNE 5

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 – 8 AM</td>
<td>SUNRISE SESSION: From Pain to Mobility</td>
</tr>
<tr>
<td>8:15 – 10 AM</td>
<td>OPENING GENERAL SESSION: James O. Page Award Presentation</td>
</tr>
<tr>
<td></td>
<td>Keynote: Igniting the Fire</td>
</tr>
<tr>
<td>REGULATION &amp; FINANCE ROUNDTABLE SESSIONS 10:15 AM – 12:15 PM</td>
<td>What’s Hot in Infectious Disease Regulation</td>
</tr>
<tr>
<td></td>
<td>Finance Like You Have Never Heard Before</td>
</tr>
<tr>
<td></td>
<td>Diversity in Emergency Services and the Law</td>
</tr>
<tr>
<td></td>
<td>Creating a People-Centered System: Turning the EMS Agenda 2050 Vision into Reality</td>
</tr>
<tr>
<td></td>
<td>Utilizing Data to Justify Organizational Growth</td>
</tr>
<tr>
<td>12:15 AM – 1:30 PM</td>
<td>LUNCH IN EXHIBIT HALL, RESEARCH POSTER PRESENTATIONS &amp; EMS PARTNER SESSIONS</td>
</tr>
<tr>
<td></td>
<td>EXHIBIT HALL SESSIONS, HOT PRODUCT DEMONSTRATIONS, EMS PARTNERS CORNER &amp; EXHIBITOR EDUCATION SESSIONS</td>
</tr>
<tr>
<td>1 – 3 PM</td>
<td>AMR National Disaster Response</td>
</tr>
<tr>
<td></td>
<td>Utilizing Research to Make Chief Decisions</td>
</tr>
<tr>
<td></td>
<td>Emergency Physician Telehealth ePatient: Eliminating Turnaround Interval In EMS</td>
</tr>
<tr>
<td></td>
<td>Recognizing Signs of Human Trafficking for the First Responder</td>
</tr>
<tr>
<td></td>
<td>New and Improved NIMS: What EMS Chiefs Need to Know</td>
</tr>
<tr>
<td>5:15 – 6:30 PM</td>
<td>WELCOME RECEPTION</td>
</tr>
</tbody>
</table>

### THURSDAY, JUNE 6

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 – 8 AM</td>
<td>SUNRISE SESSION: From Pain to Mobility</td>
</tr>
<tr>
<td>8:15 – 9:30 AM</td>
<td>GENERAL SESSION: Fire-Based EMS: Observations and Predictions for the Future</td>
</tr>
<tr>
<td>LEADERSHIP ROUNDTABLE SESSIONS 9:45 AM – 11:45 AM</td>
<td>Leadership for the Future</td>
</tr>
<tr>
<td></td>
<td>What I Wish I Knew Before I Got Promoted to EMS Chief</td>
</tr>
<tr>
<td></td>
<td>Setting the Stage for Professional Growth in the Fire and EMS Service</td>
</tr>
<tr>
<td></td>
<td>Challenge Solving Leadership</td>
</tr>
<tr>
<td></td>
<td>Recruiting and Retaining Young High-Potential Employees</td>
</tr>
<tr>
<td>11:45 AM – 1:30 PM</td>
<td>LUNCH IN EXHIBIT HALL</td>
</tr>
<tr>
<td>HEALTH &amp; SAFETY ROUNDTABLE SESSIONS 1:30 PM – 3:30 PM</td>
<td>Decoding the Health and Wellness Issues Facing the Fire Service</td>
</tr>
<tr>
<td></td>
<td>Behavioral Wellness in Fire &amp; EMS: Where to Start</td>
</tr>
<tr>
<td></td>
<td>How to Make Your Fitness &amp; Wellness Program Work</td>
</tr>
<tr>
<td></td>
<td>The Opioid Crisis: Understanding, Recognizing, and Safely Responding to an Overdose</td>
</tr>
<tr>
<td></td>
<td>The Red Eyed Syndrome</td>
</tr>
<tr>
<td>3:45 – 5:30 PM</td>
<td>NETWORKING ON THE TERRACE</td>
</tr>
</tbody>
</table>

### FRIDAY, JUNE 7

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 – 8 AM</td>
<td>SUNRISE SESSION: From Pain to Mobility</td>
</tr>
<tr>
<td></td>
<td>No Worries, it’s Just a Sickness Call, What Could Possibly Happen? - Near Miss Events &amp; EMS</td>
</tr>
<tr>
<td>8:15 – 11:45 AM</td>
<td>CLOSING GENERAL SESSION: Is There a Future for EMS in the Fire Service?</td>
</tr>
<tr>
<td></td>
<td>Hearts and Minds: Protecting Our Most Important Asset, Our People</td>
</tr>
<tr>
<td>POST CONFERENCE 1 AM – 5 PM</td>
<td>Creating a Successful Behavioral Health Program</td>
</tr>
<tr>
<td></td>
<td>How to Implement a Fitness Program</td>
</tr>
</tbody>
</table>
The FRM preconference sessions offer additional education and in-depth learning before the full conference begins. Additional registration required or register for a Full Conference Package and save! *See details on Page 14.

**MONDAY, JUNE 3**

**7 AM – 5 PM**

**ICS 300: Intermediate ICS for Expanding Incidents (Day 1)**

This two-day course provides training on the duties, responsibilities, and capabilities of an effective ICS in expanding incidents along with resources for overall incident management skills for personnel who require an intermediate application of the ICS. This course also threads in Mass Casualty Incident (MCI) activity that will give students the opportunity to practice implementing the incident management process and create an Incident Action Plan (IAP) for a simulated expanding incident.

*Lee Newsome, CEO, Emergency Response Educators and Consultants, Inc.; Brian Dennison, Senior Associate, Emergency Response Educators and Consultants, Inc.*

**8 AM – 4:30 PM**

**EMS Leadership Academy**

Today's EMS managers lead and manage the operations of today, seek new revenue streams for tomorrow and anticipate the future for innovative strategies to deliver care to those entrusted to us. Mike Metro will moderate this dynamic session presented by industry professionals who will share their experiences and knowledge of the following topics:

- How to Correctly Set Your Ambulance Rates and Convince Your City Council to Change Them
- Nine-Step Plan to Become a Partner in Your Regional Medical System
- Your City Manager Asked You "Is Your EMS Delivery System Efficient"? What Will You Say?
- Changes in EMS Over the Next Five Years and How to Prepare for Them

*Moderator: Michael Metro, Deputy Chief (Ret.), Los Angeles County (California) Fire Department*

**TUESDAY, JUNE 4**

**7 AM – 5 PM**

**ICS 300: Intermediate ICS for Expanding Incidents (Day 2)**

See Monday's description.

*Lee Newsome, CEO, Emergency Response Educators and Consultants, Inc.; Brian Dennison, Senior Associate, Emergency Response Educators and Consultants, Inc.*

**8 AM – 4:30 PM**

**Advanced Designated Officer Training**

This one-day seminar style course focuses on program development and exposure determination of diseases, legal issues and review of multi-drug resistant organisms (i.e: MRSA, VRE, C-diff, Norovirus, MERS and Ebola virus, Zika and the vaccine status). Completion of this course will complete your training for the position of Designated Infection Control Officer.

*Kathy West, RN, BSN, MSEd, Infection Control/Emerging Concepts, Inc.*

**Mental Health First Aid for Fire and EMS**

This eight hour, evidence-based course, enables fire and EMS personnel to appropriately respond to mental health and addiction crises. Participants will learn how to recognize and respond to mental health and substance use challenges faced by colleagues and community members, connect colleagues with the appropriate mental health and addiction services, and apply the five-step action plan in several scenarios designed specifically for first responders, their families and those who support them.

*Michael Allora, Deputy Fire Chief (Ret.), National Trainer, Mental Health First Aid USA; Michelle Fayed, Firefighter/Paramedic, Miami-Dade (Florida) Fire Rescue*

**8 AM – NOON**

**Patient Care Documentation — “Documenting the Right Thing, Right!”**

Professional malpractice, management liability, patient refusal of care and/or transportation, dispatch errors, and failure to respond are all issues which should get your attention in today’s litigious society. This interactive documentation session is a must to understand how to address these issues in relation to the Patient Care and Supplement Reports. This session is designed to openly discuss the importance of proper documentation of all patient care contacts. Actual patient care scenarios will be used to highlight the results of poor patient care documentation.

*Richard Gurb, ETC Technical Writer, VFIS*

**1 – 4:30 PM**

**Route 91**

In the Fog of War, the Route 91 Harvest Music Festival Massacre created challenges that few people would ever imagine. Participants will hear from first responders sharing their story’s each with imbedded lessons that we all can learn. Join us for one of the most intense and informative educational sessions you will likely attend.

*Moderator: Richard Patrick, Director, USFA National Fire Programs*

**The Fire Department’s Role in Creating a Culture of Community Health Management**

Fire Departments are at the center of community healthcare. This presentation will show why and how departments can take the lead in managing their community’s healthcare by creating partnerships, providing leadership and demonstrating why the most trusted brand in America, the fire service, can and should take this role.

*Steve Koering, Fire Chief, St Louis Park (Minnesota) Fire Department; Nancy Schmelzle, Firefighter/Community EMT, St Louis Park (Minnesota) Fire Department; Hugo Searle, Chief of EMS, St Louis Park (Minnesota) Fire Department*

**4:30 – 5:00 PM | EMS Section Meeting (All Are Welcome)**

Don’t miss this informative session. The EMS Section BOD will share information on developments and section activities, discuss future projects, and current legislation before the hill. Section members are invited to vote on business brought before the membership.

**5:00 - 6:30 PM | EMS Section Partners Update**

Immediately following the EMS Section Meeting Federal and NGO Partners will provide updates on current initiatives and their progress. These brief reports are designed to give attendees an overview of current activities and lay the groundwork for further discussions. EMS Partners will host additional presentations and be available for one on one discussions at the EMS Partners Corner located in the Exhibit Hall Wednesday and Thursday.

**WEDNESDAY, JUNE 5**

**7 – 8 AM**

**SUNRISE SESSION: From Pain to Mobility**

Join us each morning to learn how to manage pain, decrease soreness, and improve mobility. These sessions will teach you how to move well, feel good, and extend your career. Using easy evidence-based techniques this class will ease your pain and help you move and feel better.

*Bryan Fass, CEO, FitResponder*
New this year at FRM is a roundtable “breakout” session format. Each of the following are quick 30-minute sessions that will be presented four times during the two-hour breakout period. Attendees will rotate from one roundtable to the next to participate in as many sessions as possible.

10:15 AM – 12:15 PM

REGULATION & FINANCE ROUNDTABLE SESSIONS

**What’s Hot in Infectious Disease Regulation!**

Come and get a rapid fire update on the latest in the world of Infection Control and Regulatory Compliance. There have been many great changes and much new information!

Kathy West, RN, BSN, MSEd, Infection Control/Emerging Concepts, Inc.

**Finance Like You Have Never Heard Before**

EMS responses typically make up 70 percent of calls. Fire agencies may be confronted with questions about costs related to both fire and EMS. For example, can you convince the city council to raise rates based on your EMS cost? If your agency wishes to begin offering a new product, such as community paramedicine, how do you calculate the anticipated costs? Learn the fundamentals of costing strategies and the strengths and weaknesses of each—noting the differences between costing strategies of single-role and multiple-role agencies.

Kyle Gorman (Ret.), Executive Officer at Clackamas County Fire District #1, Portland, (Oregon)

**Diversity in Emergency Services and the Law**

Lack of diversity in the Fire and Emergency services is a major source of litigation for many fire departments who chose either willingly or unconsciously to discriminate against those applying for your department who are within a protected class. The Fire and EMS Service is predominately white and male with women and minorities making up less than 10% of the employees. This presentation will explore how departments can comply with their communities’ diverse profile, review case law, and discuss the adaptive and technical changes in order to be successful in this process.

John Murphy, Deputy Chief (Ret.), Attorney, Law Office of John K. Murphy

Creating a People-Centered System: Turning the EMS Agenda 2050 Vision into Reality

After several years of community input, debate and dialogue, EMS Agenda 2050 lay out a vision for people-centered EMS that builds on the foundation created by the 1996 EMS Agenda for the Future. Now it’s time to turn this vision into a reality. Learn more about EMS Agenda 2050, what it means for EMS clinicians and leaders, and how fire-based EMS agencies nationwide can start implementing its principles right away to make improvements in patient care, provider safety and system operations.

Derek Bergsten, Chief, Rockford (Illinois) Fire Department

Utilizing Data to Justify Organizational Growth

How do you convince decision makers that you need additional staff, funding, or equipment to carry out your organization’s mission? Discover lessons learned by Chief Lewis, as he almost doubled the number of employees while generating an additional one million in EMS revenue annually. Participants will be shown why knowing your audience and developing personal relationships with your city manager, city councilors, mayor, or other decision-making body are key to successful funding requests. Come ready to be challenged to view your own funding requests from the perspective of a decision maker in order to make the most compelling argument.

Allen Lewis, Fire Chief, Virginia (Minnesota) Fire Department

12:15 – 1:30 PM | LUNCH IN THE EXHIBIT HALL, RESEARCH POSTER PRESENTATIONS & EMS PARTNER SESSIONS

We’re bringing it back! Meet with Research Posters authors presenting the newest cutting-edge research impacting EMS and sit in on a partner education sessions. US Marines, DOT, DHS and more expected to attend.

1 – 3 PM | EXHIBIT HALL: HOT PRODUCTS & EXHIBITOR EDUCATION SESSIONS

Tour the exhibit hall and take part in live demonstrations and see and hear about all the new products in fire-based EMS.

3:15 – 5:15 PM

RESEARCH, OPERATIONS & CLINICAL ROUNDTABLE SESSIONS

**AMR National Disaster Response**

Following the catastrophic 2005 hurricane season, FEMA sought to implement a plan to establish a comprehensive EMS response to federally declared disasters. The government solicited proposals and on August 1, 2007, FEMA named American Medical Response (AMR) as the sole, prime provider of this five-year contract. This contract is the first of its kind and covers the 48 contiguous states.

Learn how this contract and past responses have assisted states and local jurisdictions during catastrophic events. Also learn how to become a part of the team who responds and help the local communities.

Mike Ragone, National Director of EMS, AMR

**Utilizing Research to Make Chief Decisions**

Purchasing, responding and treatment - everything EMS Chiefs do should be guided by sound data. Join us for this informative roundtable session as we help sort through research, statistics and decode just plain nonsense to assist in making operational and purchasing decisions.

Paul Berlin, Medical Division Chief (Ret.), Gig Harbor (Washington) Fire & Medic One

**Emergency Physician Telehealth/ePatient: Eliminating Turnaround Interval In EMS**

In December 2014 Houston Fire Department EMS launched an innovative program called ETHAN (Emergency Telehealth and Navigation Program) utilizing emergency physician-led video/voice conferencing. ETHAN significantly reduced EMS transports and eliminated interval Turn-Around-Time (TAT). Discover lessons learned from Houston Fire Department EMS and suggestions to bring back to your department!

Guy Gleisber, Senior Analyst, Houston (Texas) Fire Department; Michael Gonzalez, FACEP, FAAEM; Association Medical Director, Houston (Texas) Fire Department
Recognizing Signs of Human Trafficking for the First Responder
Retired Chief Daniels is the father of a daughter that has been missing for 5 years. Discover Chief Daniel’s unique roundtable session as participants journey into the weeds of human trafficking where they will learn why they need to know the two types of human trafficking, how children and adults become victims, why victims cannot leave human trafficking, recognizing the signs of human trafficking, and what to do and who to call.

Rodney Daniels, Assistant Chief (Ret.), Manager of Education Outreach, Waldorf University

New and Improved NIMS: What EMS Chiefs Need to Know
This year’s active hurricane and fire seasons highlight the importance of working together before, during, and after disasters of all types and sizes. The National Incident Management System (NIMS) provides a common, nationwide approach to enable the whole community to work together to manage all threats and hazards. This session will focus on the newest version of NIMS and will discuss how it:
• Retains key concepts and principles of the 2004 and 2008 versions of NIMS.
• Reflects and incorporates policy updates from lessons learned from exercises and real-world incidents and disasters.
• Explains the relationship between ICS, EOCs, and senior leaders/policy groups.

Bradley Iverson, M.S., CEM, Emergency Management Officer, Office of Emergency Management, City of Las Vegas

5:15 – 6:30 PM
Welcome Reception
It’s been a busy day and perhaps you missed a chance to meet with the Research Poster Authors or have a one on one with representatives from the numerous Federal and NGO EMS Partners. Or maybe you didn’t get to see the latest in Hot Products. Don’t worry, all this and more can be found at the Welcome Reception in exhibit hall. Close out the day with refreshments, networking with old friends and new and a little learning on the side.

THURSDAY, JUNE 6

7 – 8 AM
Sunrise Session: From Pain to Mobility
Join us each morning to learn how to manage pain, decrease soreness, and improve mobility. These sessions will teach you how to move well, feel good, and extend your career. Using easy evidence-based techniques this class will ease your pain and help you move and feel better.

Bryan Fass, CEO, FitResponder

Sunrise Session: Innovations
Session description coming soon!
Speaker TBD

8:15 – 9:30 AM
GENERAL SESSION: Fire-based EMS: Observations and Predictions for the Future
Fire-based EMS isn’t something new. However, technology and opportunity will continue to shape and reform our service delivery model in the years to come. This talk will highlight the current state of our industry and the trends that need to be considered for future best practices.

Tom Jenkins, Chief, 2017-2018 IAFC President, Rogers (Arkansas) Fire Department

9:45 – 11:45 AM
LEADERSHIP ROUNDTABLE SESSIONS

What I Wish I Knew Before I Got Promoted to EMS Chief
There is no such thing as graduating from EMS Chief school and then becoming the EMS Chief. You will be thrown into your new role and expected to perform flawlessly. You will make mistakes regardless of your background, education, training, and experiences. This session provides insight into life lessons on the path to becoming an EMS Chief and those lessons you will encounter when you are responsible for the entire organization.

Gary Ludwig, Chief, Champaign (Illinois) Fire Department

Setting the Stage for Professional Growth in the Fire and EMS Service
The presentation, “Setting the Stage,” will discuss five key areas (education, mentoring, experiential, conflict management and social styles) that Fire and EMS service personnel should focus on when preparing for career advancement. Attendees will gain insight on four social styles that may be found within an organization and how to engage with each. The presenter will discuss how to identify opportunities within organizations and professional network for development.

Hezedean Smith, Orlando Fire Department

Challenge Solving Leadership
A good leader is a challenge-solver; someone who can adapt to any situation, take calculated risks, make vision and strategy a priority, and most of all, guide employees to do their best by being supportive and uplifting. To be a leader, the necessary characteristics don’t stop with finding balance. A great leader brings passion and inspires those around you into working more effectively. Discover rich storytelling and messages that can help change organizational cultures into a cohesive team while leading under fire.

Branden Minuth, Speaker and Former Navy Seal, Pittsburg (Pennsylvania)

Recruiting and Retaining Young High-Potential Employees
High potential employees are your rising stars, those members who typically embody three characteristics: aspiration, ability and engagement. Because of their unique characteristics, keeping high potential employees engaged is both imperative and challenging. They can be easily disillusioned by poor leadership and lack of growth opportunities. Discover key takeaways from this interactive discussion include strategies EMS leaders can employ to engage, mentor, and retain their young, high-performance members.

Scott Metzler, Newton (Kansas) Fire/EMS

Leadership for the Future
Leadership is constantly growing and it’s important for those in leading positions to continue to adapt to changing times. This fast-paced, interactive session will encourage you to think about how to lead for the future.

Tom Jenkins, Chief, 2017-2018 IAFC President, Rogers (Arkansas) Fire Department

11:45 AM – 1:30 PM
Lunch in the Exhibit Hall, Research Poster Presentations & EMS Partner Presentations
Attend encore research posters presentations and EMS Partner sessions before, during or after lunch!
1:30 – 3:30 PM

HEALTH & SAFETY ROUNDTABLE SESSIONS

Decoding the Health and Wellness Issues Facing the Fire Service
Join Health Coaches, Dr. Jeff and Debbie, as they discuss health wellness and how physical examinations may identify many various health concerns, but often times we send our folks back with problems and no solutions. This interactive session will spend the time discussing and sharing ways to identify underlying causes and connecting the dots to impact optimal wellness.

Jeffrey Lindsey, Fire Chief (Ret.), Estero (Florida) Fire Rescue; Debbie Colburn, Co-Founder, Mutual Aid Health Coaching

Behavioral Health in the Fire/EMS Service: Where to Start
How are we doing when it comes to the emotional health of ourselves and our people? What are the latest statistics? What do we believe? Are we reading them right? What’s next?

Tina Casola, First Alarm Wellness

How to Make your Fitness & Wellness Program Work
Fitness in the fire service is mandatory yet many departments struggle with how to make a fitness & wellness program work. This class will dissect the nuances of exercise physiology and psychology while asking the big question. How do I make my fire fighter fitness and wellness program stick?

Bryan Fass, CEO, FitResponder

The Opioid Crisis: Understanding, Recognizing, and Safely Responding to an Overdose
The country is grappling with a disturbing and devastating rise in heroin and opioid abuse that directly affects the lives of thousands of men, women, teens and children in our communities and workplace. Do you know how opioids affect the end user? Is your workplace affected by employees using opioids? This session will look at the opioid crisis, go over the presentations seen by individuals that are under the influence of different drugs and discuss first responder recognition, treatment and concerns when providing treatment.

Paul Sullivan, Chief, Middle River (Maryland) Fire & Rescue

The Red Eyed Syndrome
Operating in a busy system often comes as a badge of honor to the public safety service and often is coined as producing the best firefighters or paramedics. However, as supervisors, we are rarely trained how to handle sleep deprivation and the functionality of providers that are under our command and the liability around mandatory tasks after completion of assigned shifts. This presentation will cover out of the box models for dealing with sleep deprived department members and how to incorporate daily activities on top of high call volume while striking a balance to have well rested providers. Come out to discuss trends in the fire/ems service to keep all of those around you safe.

Robert Byrd, Lieutenant/Paramedic, York County (Virginia) Department of Fire and Life Safety

Networking on the Terrace
This one’s for everyone! Enjoy an evening with colleagues, presenters, the FRM Program Planning Committee, the EMS Section BOD members, Exhibitors and Sponsors alike. Join us for a relaxing evening and connect with friends, discuss the events of the day and enjoy refreshments by the pool before heading off to dinner.

FRIDAY, JUNE 7

7 – 8 AM

Sunrise Session: From Pain to Mobility
Join us each morning to learn how to manage pain, decrease soreness and improve your mobility. These sessions will teach you how to move well, feel good and extend your career. Using easy evidence based techniques this class will get rid of your pain move better and feel better.

Bryan Fass, CEO, FitResponder

Sunrise Session: No Worries, It’s Just a Sickness Call, What Could Possibly Happen? – Near Miss Events & EMS
What is the magic formula to achieve a culture of safety within a fire and rescue organization? How do all levels of an organization work together to incorporate the “safety first” mantra in everything they do. This presentation will take a simplistic, practical, and personal view of near-miss events by using submissions from real-world experiences submitted to the International Association of Fire Chiefs – National Firefighter Near Miss Reporting System.

Rob Clemons, International Association of Fire Chiefs; Brad Van Ert, International Association of Fire Chiefs

8:15 – 11:45 AM

CLOSING GENERAL SESSION

Is There a Future for EMS in the Fire Service?
The taxi industry never saw Uber coming, the consequences of which will probably be their demise. Healthcare today is in a complete state of disorganization. The Affordable Care Act is being dismantled, insurers are scrambling to keep up with technology, more care is being delivered at home than in hospitals, and the future is increasingly difficult to predict. This presentation is about technologies, reimbursement models and healthcare changes you might not see coming. Opportunities exist today and doors will continue to open that offer to protect the budgets and personnel responsible for nearly 80% of fire service responses.

Mike McEvoy, Chief, Saratoga County, New York

Hearts and Minds: Protecting Our Most Important Asset — Our People
It wasn’t just a trend! The importance of presence, curiosity, courage and vulnerability in supporting the emotional wellness of fire and EMS personnel.

Tina Casola, First Alarm Wellness

1 – 5 PM

POST CONFERENCE

Creating a Successful Behavioral Health Program

Tina Casola, Fire Alarm Wellness

How to Implement a Fitness Program

Bryan Fass, CEO, FitResponder

For more information, visit IAFC.org/FRM
CONFEREE REGISTRATION
Select the package thats right for you!

FULL CONFERENCE PACKAGE
Best Value! - Includes pre-con session, admission to all Conference networking events, the exhibit hall and general and breakout sessions, and a post-con session.

<table>
<thead>
<tr>
<th></th>
<th>Early Bird ON OR BEFORE 4/25/19</th>
<th>AFTER 4/25/19</th>
</tr>
</thead>
<tbody>
<tr>
<td>EMS SECTION &amp; IAFC MEMBER:</td>
<td>$600</td>
<td>$675</td>
</tr>
<tr>
<td>IAFC MEMBER:</td>
<td>$625</td>
<td>$700</td>
</tr>
<tr>
<td>NON-MEMBER:</td>
<td>$675</td>
<td>$750</td>
</tr>
</tbody>
</table>

CONFERENCE ONLY PACKAGE
Admission to all Conference networking events, the exhibit hall and general and breakout sessions.

<table>
<thead>
<tr>
<th></th>
<th>Early Bird ON OR BEFORE 4/25/19</th>
<th>AFTER 4/25/19</th>
</tr>
</thead>
<tbody>
<tr>
<td>EMS SECTION &amp; IAFC MEMBER:</td>
<td>$375</td>
<td>$450</td>
</tr>
<tr>
<td>IAFC MEMBER:</td>
<td>$400</td>
<td>$475</td>
</tr>
<tr>
<td>NON-MEMBER:</td>
<td>$450</td>
<td>$525</td>
</tr>
</tbody>
</table>

PRE- & POST CONFERENCE:
Attend as a stand alone or add to your Conference Only package.

<table>
<thead>
<tr>
<th>Event</th>
<th>Early Bird ON OR BEFORE 4/25/19</th>
<th>AFTER 4/25/19</th>
</tr>
</thead>
<tbody>
<tr>
<td>EMS Leadership Academy</td>
<td>$225</td>
<td>$275</td>
</tr>
<tr>
<td>ICS 300 (2-day)</td>
<td>$275</td>
<td>$325</td>
</tr>
<tr>
<td>Advanced Designated Officer Training</td>
<td>$225</td>
<td>$275</td>
</tr>
<tr>
<td>Mental Health First Aid for Fire/EMS</td>
<td>$225</td>
<td>$275</td>
</tr>
<tr>
<td>Patient Care Documentation – &quot;Documenting the Right Thing, Right!&quot;</td>
<td>$100</td>
<td>$125</td>
</tr>
<tr>
<td>Route 91</td>
<td>$100</td>
<td>$125</td>
</tr>
<tr>
<td>The Fire Department’s Role in Creating a Culture of Community Health Management</td>
<td>$100</td>
<td>$125</td>
</tr>
<tr>
<td>Creating a Successful Behavioral Health Program</td>
<td>$100</td>
<td>$125</td>
</tr>
<tr>
<td>How to Implement a Fitness Program</td>
<td>$100</td>
<td>$125</td>
</tr>
</tbody>
</table>

HOW TO REGISTER:
ONLINE: IAFC.org/FRM
BY MAIL: Download the registration form (available online) and mail it with payment to: International Association of Fire Chiefs c/o Experient, Inc. 5202 Presidents Court, G100, Frederick, MD 21703
BOOK ONLINE: IAFC.org/FRM/Registration-Hotel
FRM GROUP RATE:$145 per night plus applicable room tax, currently 14%. Rates apply to reservations made June 1 – 8, 2019. Deadline to make reservations is MONDAY, MAY 13. Additional hotel and travel information can be found on the FRM website IAFC.org/FRM/REGISTRATION-HOTEL

HOTEL INFORMATION:
THE M RESORT
12300 Las Vegas Blvd. S., Henderson, NV 89044

EXPO HALL
EXPLORE | DISCOVER | ENGAGE

The FRM Exhibit Hall offers so much more to your conference experience.

Pulse Point Charging Lounge:
Relax, recharge and connect with the best in fire-based EMS during your time in the Exhibit Hall.

EMS Partners Corner:
Come meet with EMS Partner liaisons from DOT, DHS, NREMT, NFPA and many more. Open Wednesday 12:15 – 1:30 PM and Thursday 11:45 AM – 1:30 PM

Hot Products:
You won’t want to miss the Latest Hot Production Demonstrations Wednesday 1:30 – 3pm

Research Posters:
Meet the authors and hear from them firsthand the latest developments EMS Research and Methods. Open Wednesday 12:15 – 1:30 PM and Thursday 11:45 AM – 1:30 PM

Lunch & Networking in the Exhibit Hall
Wednesday, 12:15 – 1:30 PM
Thursday, 11:45 AM – 1:30 PM

Visit iafc.org/FRM for a detail list of exhibitors!
VISIONARY EMS LEADERSHIP

PRE-CONFERENCE: JUNE 3 - 4
CONFERENCE: JUNE 5 - 7
M RESORT | HENDERSON, NV

Register at IAFC.org/FRM
#FRM2019

Register Today!

Early bird deadline:
April 25, 2019