



# If You Don't Feel Well

## Don't Make It Your Farewell

If you've experienced a cardiac incident, please take a moment to [complete this survey](#).

- Complete Responses to date: 300
  - Date Created: November 19, 2019
  - Date of Report: February 5, 2020



# Question Responses

- Where were you when the incident occurred?
  - 29% of the firefighter said they were home
  - 18% of the firefighter said they were on scene
  - 24% of the firefighter said they were at station
- Did you experience any of these symptoms ?
  - 47% of firefighter said they experienced some other type of symptom
  - Key takeaway not the typical signs and symptoms of a heart attack!
- How long after onset did you wait before you or someone took action to get you help?
  - On average almost 24 hours after onset



# Did you experience any of these symptoms ?

47.00% of firefighter said they experienced some other type of symptom

Key take-away not the typical signs and symptoms of a heart attack!

- |                             |        |  |
|-----------------------------|--------|--|
| • Chest pain                | 44.33% | • Other - see list 47%                 |
| • Arms feeling heavy        | 16%    | • Feeling and hearing my beating heart |
| • Shortness of breath       | 36.67% | • Just didn't feel right               |
| • Coughing                  | 7.33%  | • Discomfort under left clavicle       |
| • Nausea                    | 18%    | • I couldn't raise my arms             |
| • Vomiting                  | 4.67%  |  |
| • Dizziness                 | 21.67% |  |
| • Face grey/pale in color   | 20%    |  |
| • Feeling clammy and sweaty | 32.33% |  |



# Responses

- Who took you to the hospital?

20.67% firefighters took themselves to the hospital

41% of the time EMS took us to the hospital

- What was the outcome of the event?

63.33% of the firefighters returned to work (full duty)

- Type of firefighter

22.67% were volunteer firefighters

68% were career firefighters

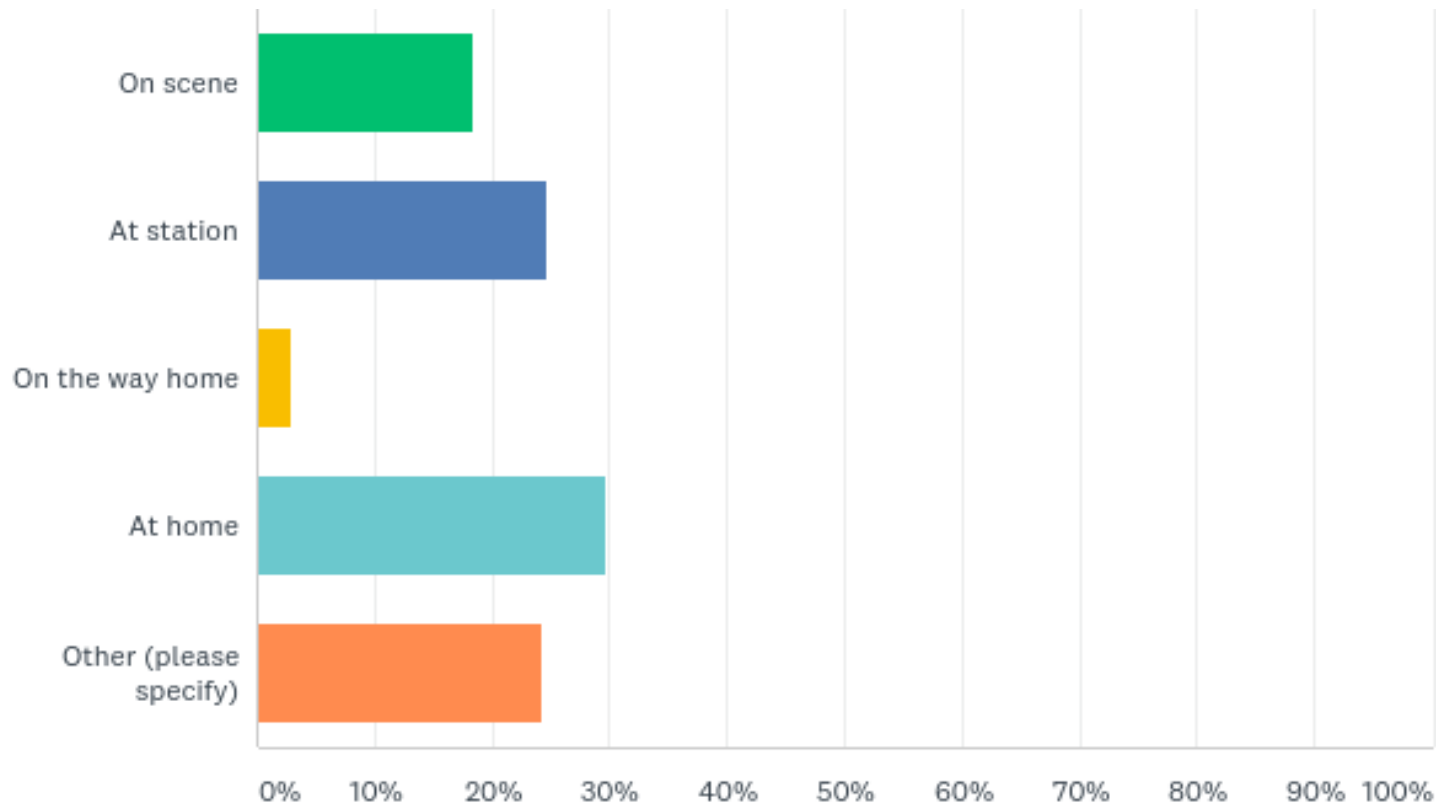
Remaining other – Inspectors / Fire Police

- What is your age?

Almost 40% were between 46-55 years old



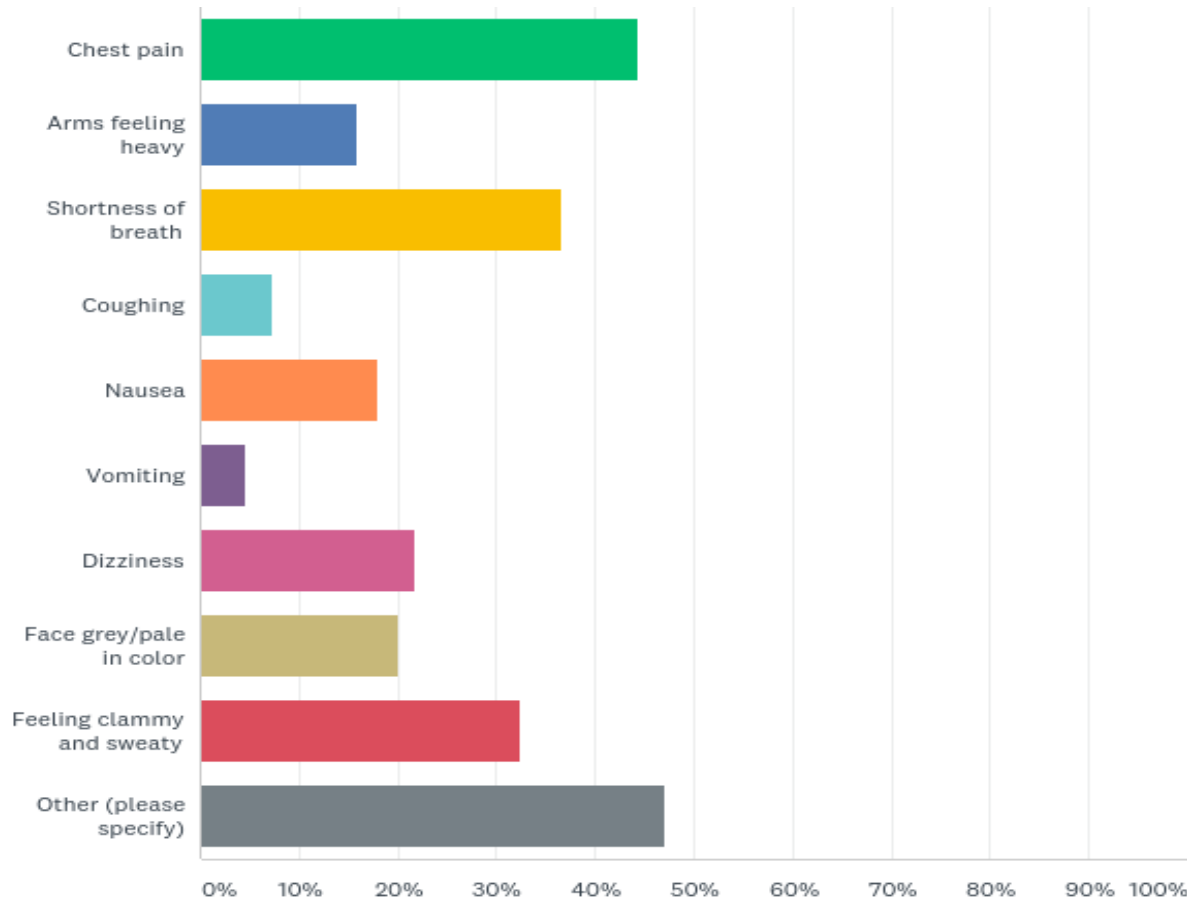
# Where were you when the incident occurred?



300 survey responses as of 2/5/2020



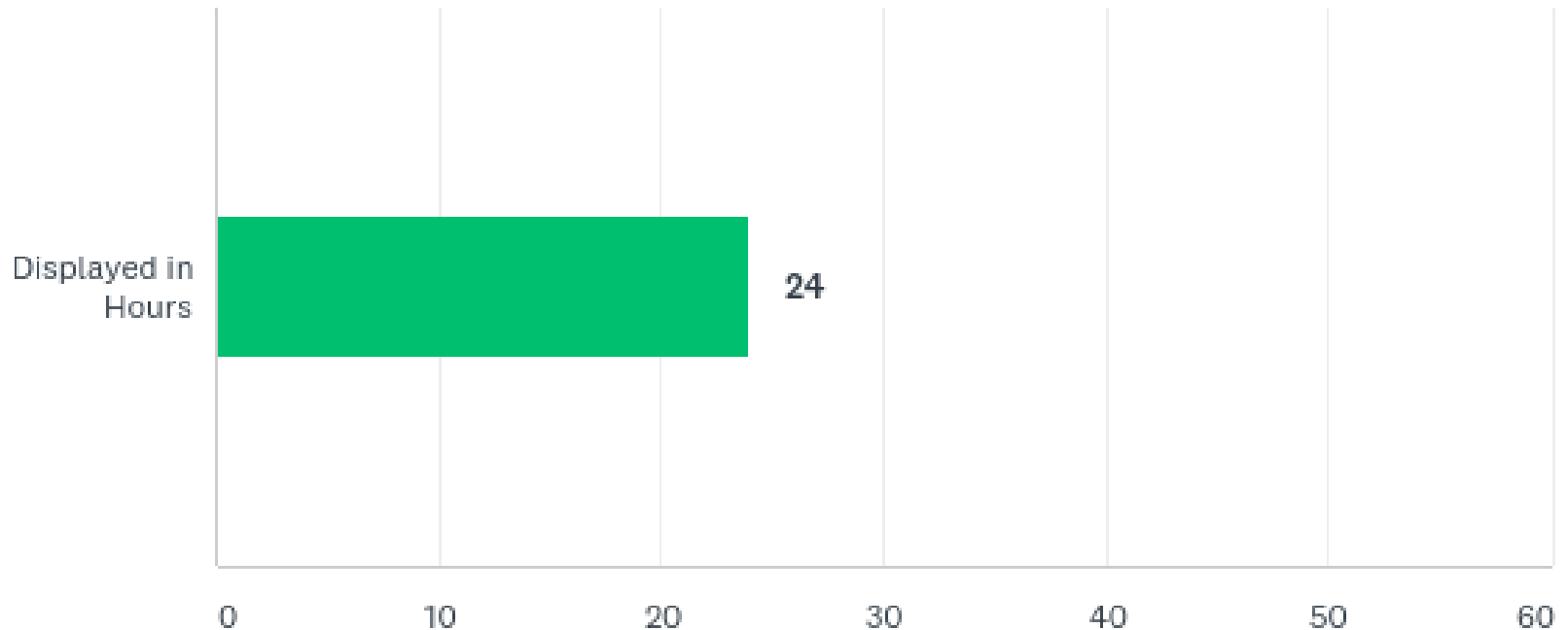
# Did you experience any of these symptoms?



300 survey responses as of 2/5/2020



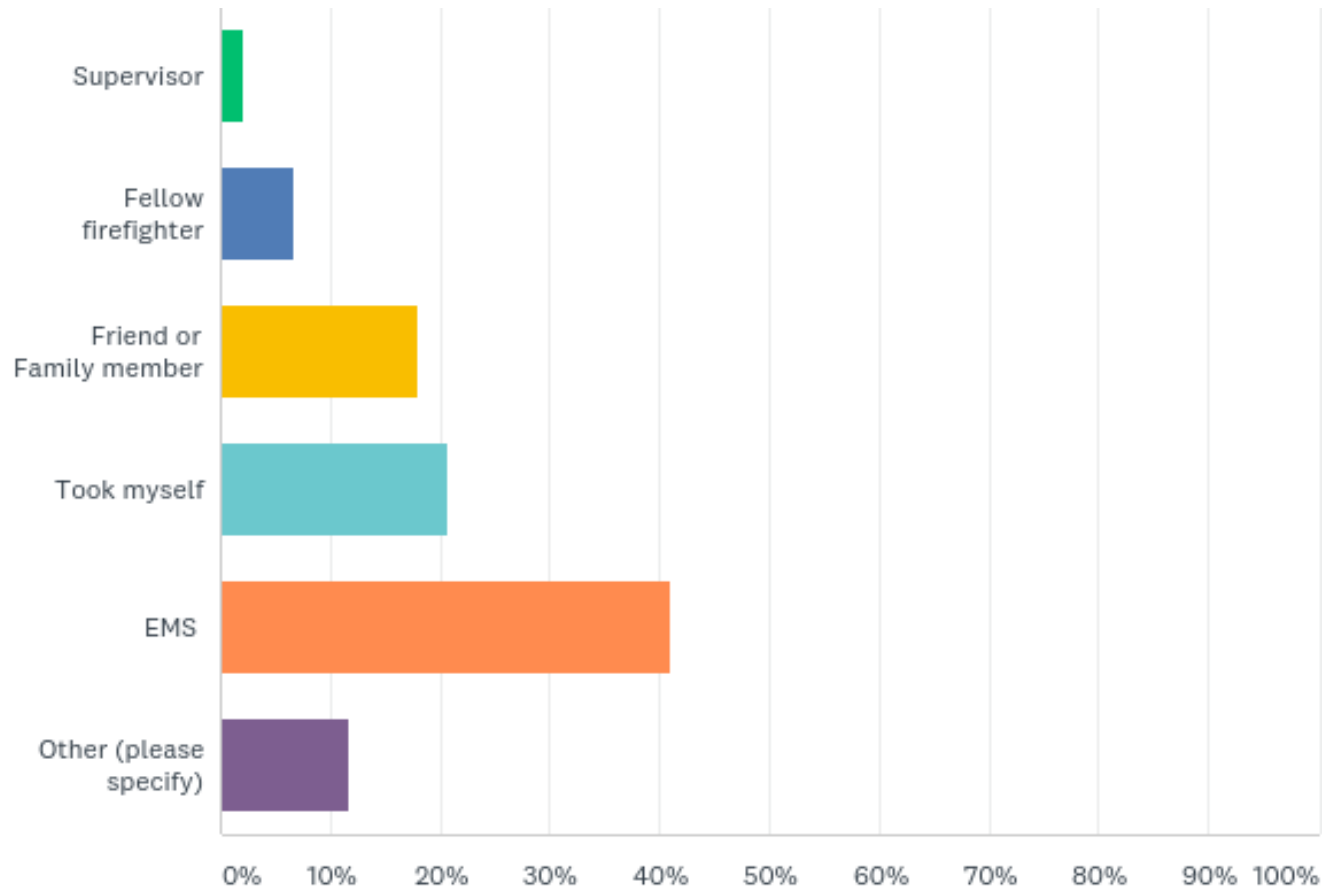
# How long after onset did you wait before you or someone took action to get you help?



300 survey responses as of 2/5/2020



# Who took you to the hospital?

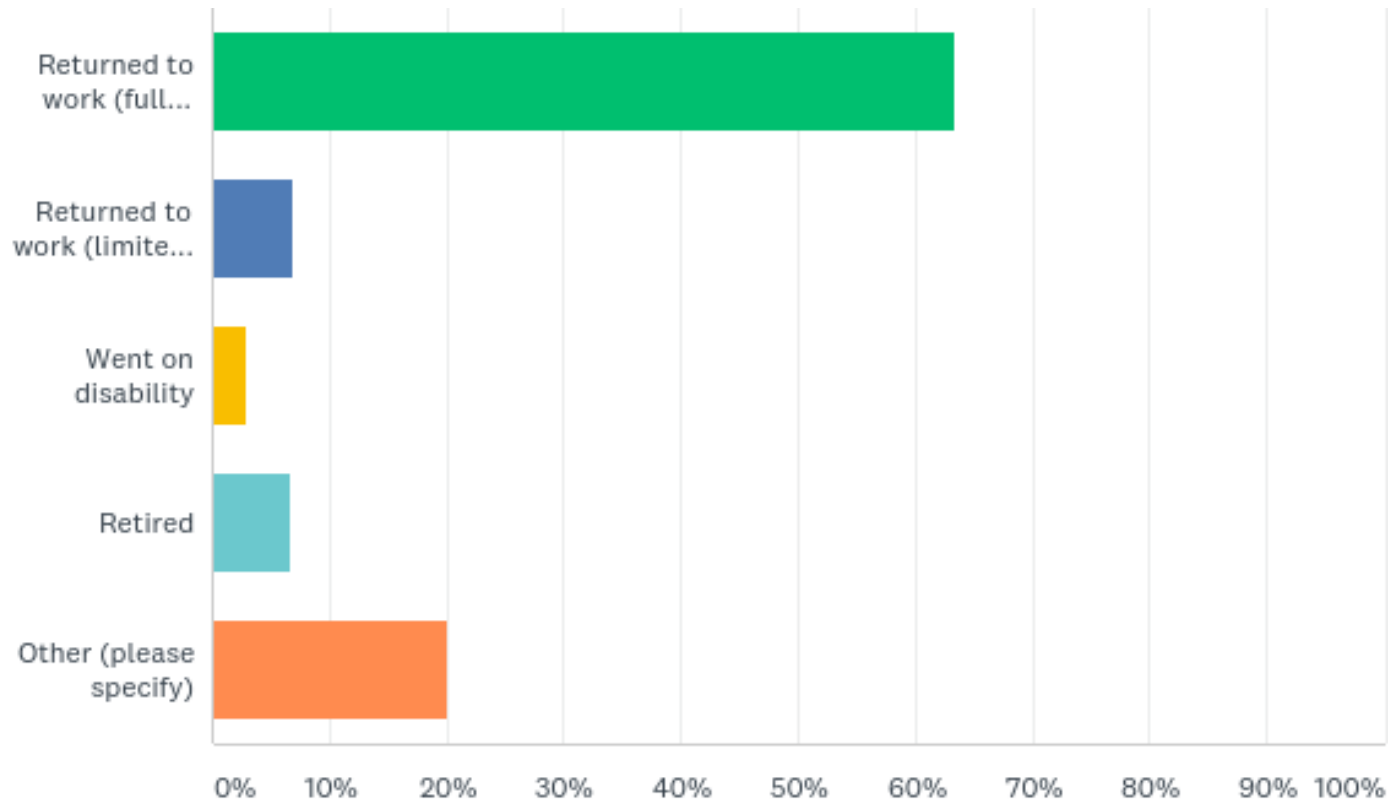


300 survey responses as of 2/5/2020





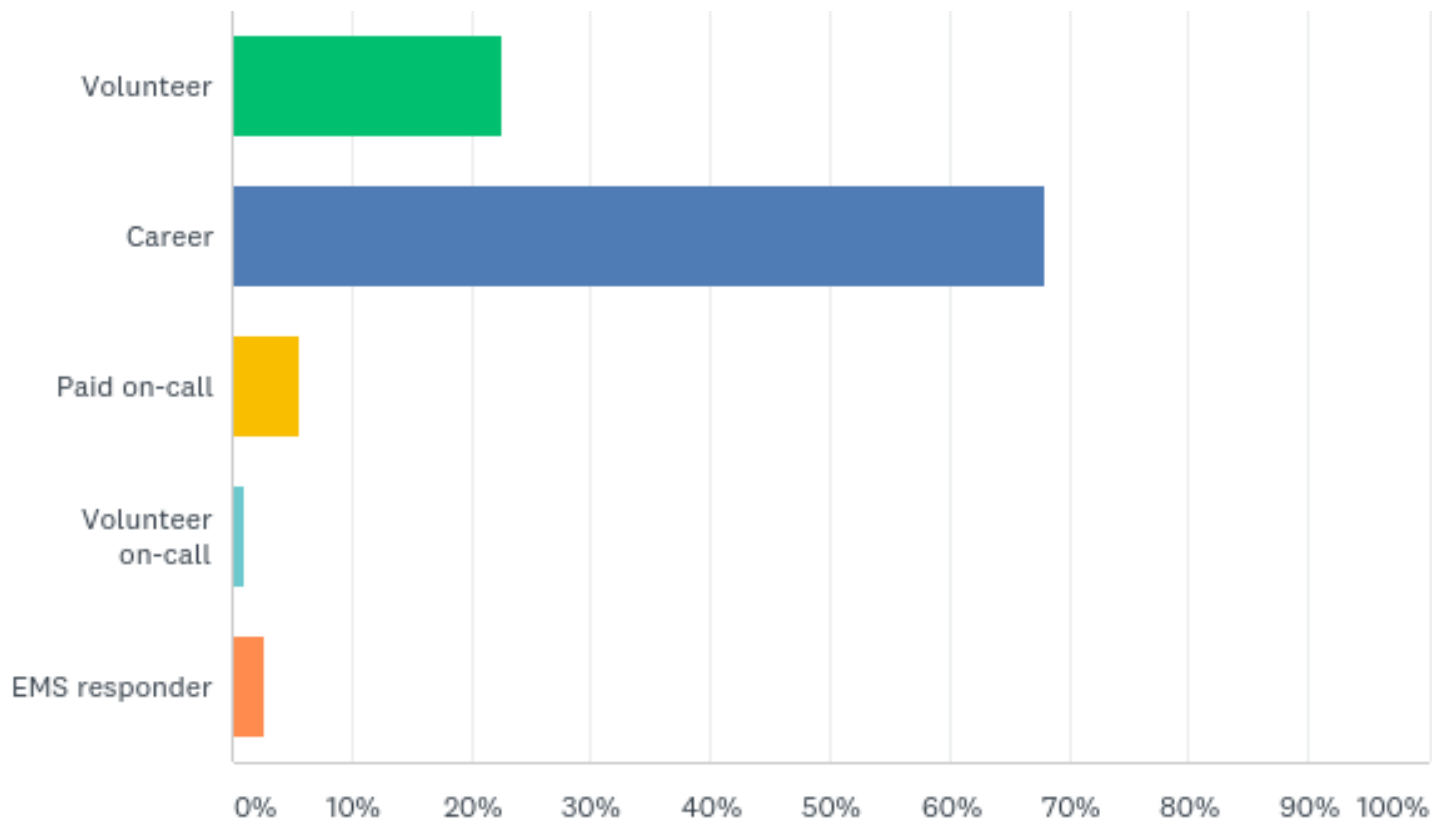
# What was the outcome of the event?



300 survey responses as of 2/5/2020



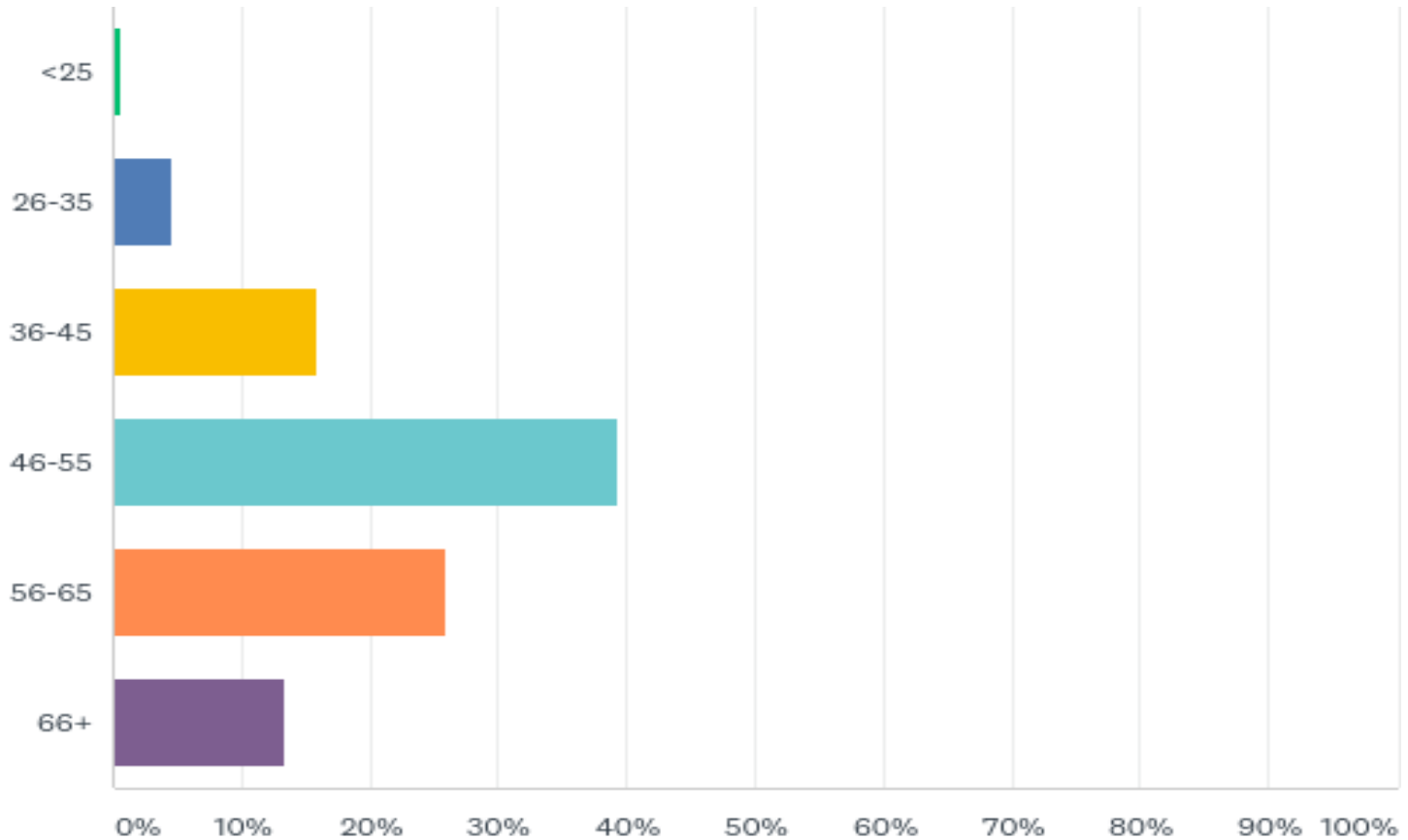
# Type of firefighter



300 survey responses as of 2/5/2020



# What is your age?



300 survey responses as of 2/5/2020

