

## EMERGENCY RESPONDER CRISIS TEXT LINE

Struggling? Want to reach out to someone who can help, confidentially? Text with a trained Crisis Counselor regarding any crisis: work-related, personal, substance use, depression, romantic, financial...This is a free service available 24/7 to Colorado Emergency Responders. No issue is too big or too small- you're not alone.

Text "BADGE" to 741741

## RESPONDER**STRONG**™

Free, totally confidential service

Trained Crisis Counselors who can help

Available 24/7

Text based & easy to use

There's no need to suffer in silence

This service is specifically for Colorado Emergency Responders